

## QUIT SMOKING!

NJ Quitline is a free telephone-counseling service for smokers who are ready to stop. Call today and speak with your own quit coach. No matter which quit method you choose the Quitline can more than double your chances for success

<http://www.njquitline.org/index.html>

NJ Quitline announces **FREE** QUIT SMOKING PATCHES OR GUM For the Uninsured or Those Receiving Medicaid

[http://www.njquitline.org/downloads/CTCP\\_NRT-Palm-Card\\_loRes.pdf](http://www.njquitline.org/downloads/CTCP_NRT-Palm-Card_loRes.pdf)